

## Poster journal

### Save a tooth-The herbal way in parent's perspective

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#### Commentary:

**Aim:** To assess the awareness and attitude of parents choosing routine natural edible ingredients for post-traumatic tooth preservation.

**Material and methods:** A questionnaire-based survey was conducted amongst parents of children in the mixed dentition period with erupted young permanent incisors. The questionnaire collected demographics, parent's choice of natural ingredients available at home (coconut water-CW, aloe vera-AV, egg white-EW, green tea-GT, pomegranate juice- PJ) which can be used as a preservation medium for the avulsed tooth. The survey also evaluated knowledge and attitude questions about tooth preservation after trauma.

**Results:** Most of the parents were dissatisfied with their knowledge and were willing to attend educational programs related to the management of dental trauma<sup>1</sup>. Coconut water<sup>2,3</sup> was found to be the natural medium of choice in a significant number of parents followed by aloe vera<sup>4</sup>.

**Conclusion:** Coconut water, a scientifically established tooth preservation media was the parent's first choice for storing the tooth. There is a growing need for parent awareness programs explaining emergency management for traumatic dental injury.

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