Say no to all forms of tobacco

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Commentary:

Tobacco smoking is highly prevalent and can be considered an epidemic in both developed and developing nations¹. A complex hierarchy of systems and strong influences causes smokers to initiate and maintain their habit². It is responsible for a substantial majority of diseases that reduce life expectancy and quality of life². A broad consensus exists in consumer-oriented awareness about the adverse effects of tobacco and hence anti-tobacco advice and behavioral support form an important part of the overall tobacco cessation strategy³.

References


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